

6th Annual
2009 Dolphin Dash
 5K & 1M Run/Walk & Kids Popsicle Dash
 Sunday, May 17, 2009

8:00 – 8:45 am Race Day Registration, Bib pick-up
 9:00 am – Kids Popsicle Dash K-2 only
 9:30 am – 1 Mile Run/Walk
 10:00 am – 5K Run/Walk

To benefit the Cherry Hills Elementary School

Participants will receive race entry, t-shirt and awards for the top three overall 5K and 1M male and female finishers in addition to the top three male/female finishers in each grade, K - 5th Grade.

Located at John Meade Park, (South of Quincy on Meade Lane and East of University). Parking is available at Cherry Hills Village Elementary School and along Meade Lane.

RAIN OR SNOW

2009 Dolphin Dash 5K & 1M Run/Walk & Popsicle Dash ~ MAIL-IN Deadline May 13, 2009 or online at chvedadsclub.org

Registration Form

Entry fee includes T-Shirt, awards and pancake breakfast

| | Before 5/17 | On 5/17 | |
|--|-------------|---------|----------|
| Family Pack 2 adults, up to 2 children | \$70 | \$90 | \$ _____ |
| Adults | \$30 | \$35 | \$ _____ |
| Kids (17 & younger) & Seniors (60+) | \$15 | \$20 | \$ _____ |
| Additional Donation – underwrite water, shirts, police, etc. | | | \$ _____ |
| TOTAL ENCLOSED | | | \$ _____ |

Return your check and completed form to:

2009 Dolphin Dash
 Kevin Kearney
 14 Lynn Rd.
 Cherry Hills Village, CO 80113

Or place in the Dads club box at CHVE. Please make your check payable to: CHVE PTCO.

Or sign-up online at FinishLineTiming.com using the active.com.



| Name | 5K | 1-Mile | Popsicle Dash | Birthday (MM/DD/YY) | M/F | Grade | T-Shirt size | Bib# ** |
|-------|--------------------------|--------------------------|--------------------------|---------------------|-------|-------|-------------------------|---------|
| _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ | _____ | YM / YL / WM / ML / MXL | _____ |
| _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ | _____ | YM / YL / WM / ML / MXL | _____ |
| _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ | _____ | YM / YL / WM / ML / MXL | _____ |
| _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ | _____ | YM / YL / WM / ML / MXL | _____ |
| _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ | _____ | YM / YL / WM / ML / MXL | _____ |

Address: _____

**** (to be completed by race organizers)**

City/State/Zip: _____

Phone _____ Email Address: _____

WAIVER & RELEASE FOR DOLPHIN DASH PARTICIPANTS - THIS IS A RELEASE OF LIABILITY. Do not sign this document if you do not understand it or agree with its terms.

In consideration of the acceptance of my entry for the 2009 Dolphin Dash (the "Event"), I for myself and other participants in my family, and our heirs, legal representatives, and assigns, do hereby waive, release, and hold harmless Cherry Hills Village Elementary School, the Cherry Creek School District, Cherry Hills Village, South Suburban Parks & Recreation District, their respective officials and employees, and the Event organizers, volunteers, sponsors, suppliers, and independent contractors, from and against any and all injuries or risks that I or such participants' may suffer and for all claims, damages and liabilities relating to or arising out of my and such participants' participation in the Event. I hereby certify that I am aware of the risks associated with the Event, whether from injury, surface conditions, traffic, or other risks, and that I and such participants' are physically fit and fully capable of participating in the Event. For myself and other participants in my family, I give permission to use my/our name(s), photographs, and images in any print, electronic, audio, or visual media account of the Event.

If signing as a parent, guardian, or agent on behalf of a minor participant, I certify that I have the actual authority to sign this Waiver and Release on behalf of such minor and that he or she shall be bound hereby.

Signature of Participant: _____ Date: _____

Signature of Parent or Legal Guardian (for participants under the age of 18): _____

_____ Date: _____